



→Description:

For two days, in the heart of the breathtaking Sapa mountains, follow in Hmong's footsteps who hike up through the forest to take care about their livestock and stay at the buffalo house where lives Zizi's mother.

Our unique path going through ethnic villages, terraced rice paddies and a forest will bring you high on the mountains. From there, stay in an authentic family Hmong house for the night before another day trekking down to new villages and a waterfall. An off beaten path and rewarding trek, created by Zizi! Our local English speaking H'mong guide will make this trip unforgettable. This trek can also be customized differently above request.



→Details:

Difficulty: middle

1st day:

Our car will pick you up at the bus station around 7am and bring you to Zizi homestay in which you could leave your luggage. Time to gain strength with a hot shower and a delicious breakfast cooked by Zizi before starting the trek!

From Hau Thao village, explore villages witnessing the traditional life of Hmong minorities in this mountainous area. Expect to see a lot of animals co-existing with inhabitants! Eat lunch prepared by the guide before continuing the trek up. The more you will trek up on our H'mong off beaten path, the more spectacular and authentic will become the view around you. Turn round regularly to admire epic and natural view on mountains, walk through the green rice paddy fields where farmers are working on or are grazing their livestock, feel the fresh forest air... End your journey on the top in the house of Zizi's mother, also called the buffalos house. The H'mong usually come there to take care about the buffalos.

Meet local people or simply relax after this challenging day! Share a warmer dinner with the Hmong family. Drink some local rice wine with them before a well-deserved good night's sleep.



2nd day:

Wake up slowly with the sunrise and the breakfast. It's time to say goodbye to the family and trek down.

On your way, see farmers working early on the morning on the beautiful rice fields. Reach a Red Dao village, the second most important minority of Sapa area. Explore the village, appreciate the hospitality of the villagers and seize the opportunity to talk with them. The same village is known for one the most picturesque waterfall of the valley with a nice view. If you want a homemade local souvenir, you could buy there from the villagers who sell it to support their family.

After crossing the suspension bridge, in Supan, you will see children playing together in the small village.

Back at our homestay by the end of the afternoon, reward yourself with a fresh beer. Sit on the bench and relax with the scenic view!

Share last warm moment around our family dinner. If you are enough lucky, you will eat our well-known spring rolls. This would be the icing on the cake !



[All the pictures are taken by our guests]

→Included:

A Hmong guide, 3 meals/day, water (1 big bottle/day), night in a traditional house, entrance fees

→Excluded:

travel insurance, personal expenses

→Price:

Departure from Sapa:

Nb of persons	1	2	3	4	5-6
Price/ pax	\$90	\$70	\$65	\$60	\$55

Departure from Hanoi with round trip bus tickets, breakfast on arrival and a dinner on the 2nd day:

Nb of persons	1	2	3	4	5-6
Price/ pax	\$108	\$88	\$81	\$78	\$73

The benefits will directly help the Hmong community to improve their living conditions and the education of their children